

Dennis Hong

Interpersonal Relationships Specialist

My mission is to bridge the relational disconnects that occur in everyday life – from intimate exchanges between romantic partners, to workplace interactions between colleagues, to even the fleeting encounters between strangers. As a Marriage and Family Therapist, I believe human relationships must be approached with curiosity and empathy, and in doing so, I strive to help others via a client-centered collaborative process.

Professional Experience

Marriage and Family Therapist (dennishongmft.com)

2020 to present

Offer psychotherapy to individuals and couples, with a focus on non-conforming relationships. Supervised by Pam Shaffer of Best Self Psych.

Social Savvy Sage (socialsavvysage.com)

Founder, 2018 to present

Help clients refine their social skills and learn to create meaningful interactions with others, via both one-on-one coaching and guided practice.

Automattic (automattic.com)

Happiness Engineer, 2013 to 2017

Hosted webinars and helped users build websites on WordPress.com. Created documentation and live presentations on effective communication with both customers and coworkers. Documents provided upon request.

LemonVibe (lemonvibe.com)

Co-Founder, 2011 to 2018

Created and managed a community-based dating advice site, where participants could share their experiences and insights with each other.

Various Websites

Creator, Editor, and/or Freelance Writer, 2009 to present

Contribute articles on a variety of topics, with a focus on interpersonal relationships, dating and love, and human behavior in general. Comprehensive list of writings provided upon request.

Palomar Continuation High School, Chula Vista, California

Biology & Oceanography Teacher, 2005 to 2013

Taught Biology at a school for at-risk teens. Coached a team to compete in the National Ocean Sciences Bowl. Piloted two courses: Oceanography and Public Speaking. Created a grading program for the entire school district.

SeaWorld Adventure Park, San Diego, California

Educator and Assistant Park Lead, 2003 to 2005

Led educational tours and children's camp programs. Trained and coached Education Department staff. Researched and wrote informational narrations to be used by tour guides, camp counselors, and educators at park exhibits.

University of California, San Diego

Graduate Student and Teaching Assistant, 1996 to 2002

Taught undergraduate biology courses. Supported student progress in lecture and laboratory settings.

Medical Articles for Textbooks and Scientific Journals

Co-Author & Editor, 1996 to 2007

Co-authored or edited peer-reviewed medical articles with Chang-Zern Hong, M.D. List of references provided upon request.

Strengths

- ✓ Introspective and empathic, yet scientific and analytical
- ✓ Skilled in both interpersonal communication and public speaking
- ✓ Professionally trained writer and editor

Education

- ✓ *Masters in Marriage and Family Therapy*, San Diego State University, 2020
- ✓ *Secondary Teaching Credential*, San Diego State University, 2006
- ✓ *Doctor of Philosophy in Biology*, University of California, San Diego, 2002
- ✓ *Bachelor of Sciences in Biology*, University of California, Los Angeles, 1996

Technological Expertise

- ✓ Word, Excel, PowerPoint, Publisher, Visual Basic for Applications
- ✓ Zoom, WordPress

Professional Organizations

Toastmasters International

Public Speaking & Leadership Organization

Member, 2004 to 2013. Vice President of Public Relations, 2004 to 2005.

Rotaract Club of Downtown San Diego

Community Service Organization

Member, 2004 to 2012. Social Chairman, 2009 to 2010.

